

# Dangers of Driving at Night

## Introduction

Crashes are very common at night because of limited vision, driver fatigue and reaction time. It's important to be aware of these issues to minimise risk when driving at night.

## The statistics

**40%** of all crashes occur at night time



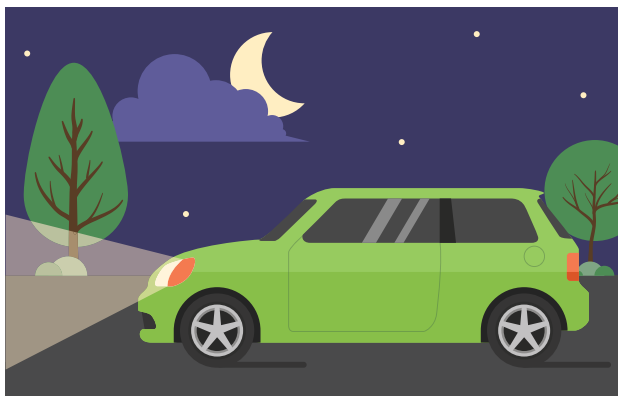
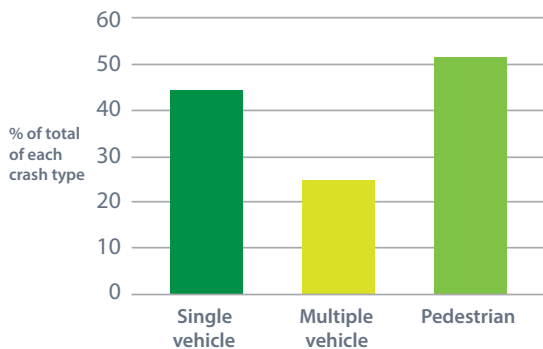
Only **25%** of driving occurs at night time



This means you are much more likely to crash at night.

## Who is most at risk?

Percentage of crashes in each category that occurred at night-time.



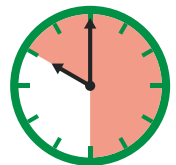
## The concerns

90% of a drivers reaction depends on vision, which is greatly impacted in low-light

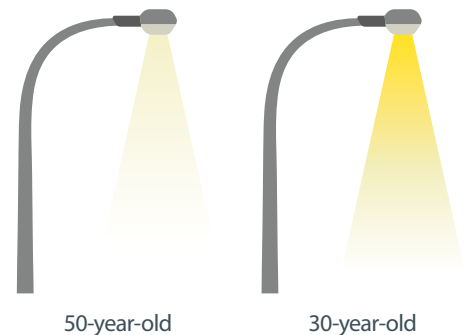


Fatigue related crashes are 40% more likely between 10pm and dawn

10pm–dawn

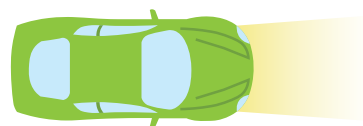


To see clearly a 50-year-old would need approximately twice as much light as a 30-year-old

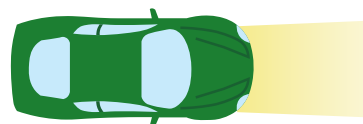


## Headlights

Headlights have a limited distance of illumination. This creates less time to react to something on the road, especially at higher speeds.



Normal Headlights:  
~76 metres



High Beams:  
~153 metres

Always **dip your high beam lights** within

**200 metres**

of other drivers!

High beam lights can impact other drivers visibility, for both oncoming traffic and vehicles directly in front of you.