



Tips on how you can avoid a crash

- 1. Check your vehicle every day before you drive away.

 Walk around it and check the tyres for wear. Check on the ground for fluid leaks and have a mate check the lights are all working. If you have any doubts about the safety of your vehicle inform your manager.
- 2. Always leave sufficient stopping distance between your vehicle and the vehicle in front. More if it is wet.
- 3. Driving with your lights on in any condition reduces the risk of an accident with other vehicles.
- 4. Lower your speed and always drive to the conditions e.g. (wet, windy, dawn, dusk, road work, congestion, animals).
- 5. Always check behind your vehicle before reversing out of a driveway.
- 6. Never try to beat the traffic lights if they are changing. Always approach lights as if they are changing. Remember "Amber" means stop, not accelerate.

The average community care professional travels 45 kilometres each day. Driving 5 kilometres under the speed limit will add only 3.5 minutes to the travel time. How long does it take to make a cup of coffee?

Blue Care supports United Nations Decade of Action for Road Safety 2011 - 2020





