

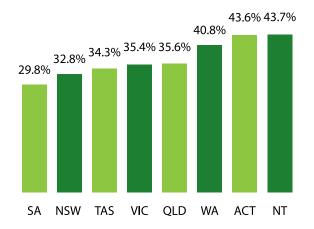
### Introduction

Thousands of Australians cycle on our roads each day. Unfortunately, 4% of road fatalities across Australia in 2020 involved a cyclist.

As a driver you must regularly check your mirrors to look for cyclists. As a cyclist it's important to be aware of what can keep you safer whilst on the road.

## How many people cycle?

Cycling is a very popular choice of transport. The following graph shows the percent of Australian's in 2019 using cycling as a mode of transport.



# The Dangers

4%

of all road fatalities across Australia in 2020 involved a cyclist

81%

of fatal cyclist crashes involved other vehicles

12,000

cyclists were hospitalised in 2015-2016 due to injuries sustained in a crash

### **Benefits of Cycling**

Cycling 10km to work & home each day can save A LOT in transport costs each year, approximately

\$1700!

Cycling is fantastic exercise and increases cardiovascular fitness.



#### **Safety Tips for Drivers**

Keep 1 metre away when traveling up to 60km/hr

Keep 1.5 metres away when travelling over 60km/hr



Look before opening your car door, implementing the Dutch Reach is a great habit



Indicate early and check for bikes



# Safety Tips for Cyclists

Be visible to drivers by wearing a high visibility vest



Obey all road rules



Wear a helmet and gloves



