

Load Restraint Skillsets

Trucking Operations #020

Every load on a truck needs to be restrained, but not every load is the same. This quick reference guide summarises the different skills required for different roles and different types of freight.

Checking

The most basic skill level is to be able to examine a load and identify common high risk aspects.



Despatch supervisors and gatehouse personnel should have this understanding as a last layer of control.

Simple

This includes standard loads of known mass and using common lashing methods with no complicating factors, with secure packaging.



Loaders and Drivers should have training to identify, then resolve common high risks such as rectangular dunnage and low friction surfaces.

Complex

For objects which are; high mass, prone to rolling, slippery or otherwise difficult to restrain specialist; load-specific training is required.



The load restraint system for complex loads and its accompanying training may require specialist expertise to design and implement.

Project

For loads well outside the norm, specialist knowledge will be required for the design & application of the load restraint solution.



For high risk loads of this kind, it may be appropriate to have the loading and restraint directly overseen by a specialist.